Truth can be recognized

Recognizing the truth is a challenge of today. The Internet gives us access to countless world views, books or other sources of knowledge. The truth to all questions of humanity is ready, but embedded in a flood of information. Why do we recognize the truth with such difficulty, or as they say, why can't we separate the wheat from the chaff. Below I would like to show you the way I found to identify truth.

First, let's consider ourselves as human beings. At birth we, meaning the spirit as our true consciousness, received an earthly body from our parents. With this brain we formed our intellect in our youth. This is aimed only at the earthly life and is limited to a purely material understanding. With the help of the intellect, science investigates the processes of our body down to the smallest cell, knows its formation and its decay. But this is only the material, rough part, we might also say our hardware.

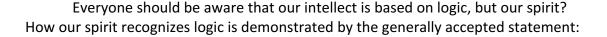
Our inner core, or the operating system of the human being, is the spirit, the soul. Emotions, feelings, such as love, desire, gratitude, but sadly also envy and hate. With that, the spirit controls the wonderful machine that is the human being. Roughly speaking, the human being consists of spirit and body. The brain combined with the intellect is the material tool of the spirit. Both work together, each according to its nature. An example:

I am using a microphone for sound recording and a camera for images for this video. The microphone cannot hear images and the camera cannot see sound. The difference in receptiveness is obvious. In the figurative sense, the materially oriented mind cannot recognize the spiritual world, because this is of more subtle vibration, which lies above its origin.

The spirit, on the other hand, cannot absorb the processes in the material as well without the intellect. Although spirit and intellect are very different, they share a common basis, logic.

"In the first place Divine Activity shows an absolute perfection, without fault or gap. And perfection demands the strictest logic and absolute consistency in every respect."

From the work:
"In the Light of Truth"
Lecture: Wunder



"Do unto others as you would have them do unto you."

Logic, or consequentiality, also known as common sense, is one of the most important characteristics of truth. As a guideline, we can say:

The spirit and the intellect are able to recognize truth and logic.

- The spirit has its origin in spirituality. It can recognize the truth of spiritual connections. It expresses itself through intuitive perceptions, respectively the inner voice and the conscience.
- The intellect has its origin in the material. It recognizes the truth in material contexts and expresses itself continuously through our daily consciousness.

By means of this distinction between spiritual and material cognition, we can consider an important question of mankind:

Is there life after death?

Answer of the intellect: No, everything is over with death.

This is true from a purely material point of view, because the body disintegrates into its constituent parts at death, which will never reassemble again into this form.

Answer of the spirit: Of course, I will live on after the death of this earthly body.

The spirit can survey the time before birth and knows the limitedness of this earthly stay. What doubts can it have about its continuation of life? However, the voice of the spirit does not always penetrate to our day consciousness, and is therefore sometimes difficult to hear. It is almost completely silenced in the case of strongly materially oriented people.

If intellect and spirit each limit themselves to the area that is comprehensible for them, the answers complement each other: The body decays on earth. The spirit returns to the beyond after this stay on earth. Now a somewhat more complex question:

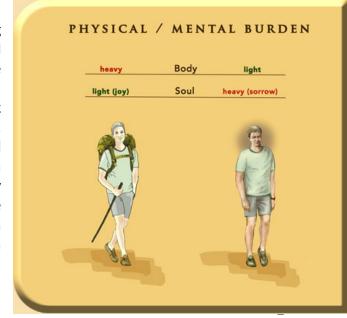
Are thoughts of sorrow heavy and thoughts of joy light? Do thoughts have any weight at all?

Answer of the soul, of the spirit: Of course, thoughts have weight. There have been thoughts of suffering that almost crushed me and weighed me down for a long time. Then there were thoughts of love that made me float along as light as a feather.

Answer of the intellect: No, thoughts have no weight, because they are only measurable brain waves, which do not exist apart from the brain, so they cannot have any weight. What the so-called soul describes are illusions.

At this point, principled change of thinking is necessary: impressions of the soul are just as real and true as impressions of the body! An example about the physical and mental burden:

The material burden of a heavy backpack weighs on my body, it becomes heavier than usual. My mental condition is not affected by it, I still feel happily light. The burden of a sorrowful thought, on the other hand, makes my soul heavy, whereas my physical weight remains unchanged. The increase in weight of the body can be measured, the burden of the soul cannot, but it can clearly be felt. Both are real and true.



It is therefore important that the evidence of the intellect, for example, everything measurable, is only authoritative for the earthly material processes. The judgment of our soul or the spirit, on the other hand, for the soul processes beyond. A grievous thought is an actual burden for the soul body, just as a heavy backpack is for our earthly bodies.

However, the implementation of this principle of separation between material and spiritual judgment entails a great challenge. It lies in actually hearing the voice of the spirit or soul, in identifying it.

Since many people today do not even regard the spirit as being existent, its voice is usually very weak. The daytime consciousness is dominated by the intellect, which, however, is materially oriented. The intellect is hyperactive and the spirit is idle. Therefore, public life is mainly about money, power, prestige and vanity, much less about humanity, peace and harmony with nature.

Our faith, our world view is also influenced by the mind, otherwise there would be no wars of religion, no contradictory teachings. The adherence to man-made beliefs, false traditions, upbringing and many things is due to the influence of the intellect. Actually, it cannot do anything at all with spiritual topics, but it dominates here, too. The spirit no longer has a say in the blind faith of the intellect.

"Again it is solely indolence of the spirit that makes them willing to accept the firmly-established doctrines of others. And it is indolence that lies in the reassurance that comes from thinking that it is great to adhere to the faith of their parents, without submitting its underlying principles to keen, careful and independent examination."

From the work:
"In the Light of Truth"
Lecture: The language of the Lord

Following this suggestion for introspection, I considered what I learned in confirmation classes as a young man. I was firmly convinced of some of the views of my Christian faith, and these became the cornerstones of my personal worldview:

- There is only one God
- Love is God's greatest gift
- Man has a spirit, a soul
- What man sows, that he will reap

Whatever didn't convince me, I put aside for the time being without condemning it. This weighing and examining of mental connections strengthens the activity of the spirit. The intellect is not competent to talk about that from its origin. Logic and consistency are always a matter of course for the spirit. As time went by,



increasingly more elements of the most different views inserted themselves into my world view, which had to fit naturally to the existing ones.

The law of karma of eastern religions and the natural law of cause and effect were added to the realization: What man sows, that he will reap. Man's fate is therefore self-determined. These realizations are based on man's free will, which in turn is inseparably linked to his responsibility. The meaning of life is to be regarded as the central question, since many realizations come together here. Without repeated earthly lives the meaning of life cannot be recognized, neither can justice. God created the laws of nature, which express God's will; they are thus the guarantor of justice. God's greatest gift is love, of which justice is an important part.

My view of the world became increasingly detailed over the decades. As a result, it also became easier to classify newly read or experienced things. The consistent logic became discernible, each element has its fixed place and stands in connection with others.

Identifying truth is a very personal, logically comprehensible process for me. The development of my world view, the attainment of own conviction, nobody can take that from me. Why should I believe in one of the many world views more or less blindly, if my spirit is capable of identifying truth?

I would like to inspire you, dear viewers, to embark on this most exhilarating search for truth with this video and my channel.

"Therefore awake! Genuine faith lies only in conviction, and conviction comes solely through an inflexible weighing and examining! See that you are truly alive in the wonderful Creation of your God!"

From the work:
"In the Light of Truth"
Lecture: For your guidance!

